



granddelmar.com
#fairmontgranddelmar

Wellness classes are held in the movement studio.
For hikes, please meet at the movement studio.

MON

gentle yoga | 9am-10am
with rachel
yoga sculpt | 10am-11am
with rachel
pilates body sculpt | 2pm-3pm
with heather

WED

full body fit | 8am-9am
with kori
stretch and strengthen | 9am-10am
with kori (on 9/25 only)
soulful meditation
9:30am-10:30am (not on 9/25)

FRI

vinyasa yoga flow | 8am-9am
with rachel (not on 9/20)
full body fit
9:30am-10:30am with kori
float fit
11:00am-11:30am with kori

TUES

sculpt | 10am-11am
with joanna (with rachel on 9/3 and 9/17)
yoga flow | 11am-12pm
with joanna (with rachel on 9/3 and 9/17)
canyon hike with trail guide
1pm-2pm with heather
(not on 9/3)

THURS

yoga flow | 8am-9am
with rachel
yoga sculpt | 11am-12pm
with rachel (on 9/5 only)
canyon hike with trail guide
1pm-2pm with joanna
(not on 9/5 and 9/19)
sculpt | 2pm-3pm
with joanna
(not on 9/5 and 9/19)

SAT

gratitude meditation
11:30am-12:30pm
with marina

SUN

calming meditation
11am-12pm
with marina
restorative flow
12:30pm-1:30pm
with taylor
(not on 9/1 and 9/8)

SEPTEMBER ACTIVITY GUIDE

TENNIS AND PICKLEBALL CLINICS

reservations required with the concierge

Saturdays 10am - 11am
cardio tennis clinic | \$40 per player

Saturdays 12pm - 1pm
pickleball clinic | \$40 per player

GOLF

schedule your golf clinic or tee times at 858-314-1930

Fridays 10am - 12pm
driver fitting | complimentary

Fridays 1pm - 2pm
full swing clinic | \$50 per person

Fridays 4pm - 5:30pm
junior golf clinic | \$50 per person

Saturdays 1pm - 2pm
putting clinic | \$50 per person

Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

SPA TREATMENT OF THE MONTH
Receive 20% off Monday through Thursday in September

DECOMPRESSION | 120 minutes
An invigorating body scrub with sea salts and organic rosemary is followed by a luxurious hydrotherapy shower. The body is then enveloped in a hydrating body wrap with goat butter while lying on a warm, free-floating bed, encouraging inner tranquility. A customized body massage concludes this soothing treatment.
Please call 858-314-2020 to reserve.

DINING OPTIONS

Addison | Dinner Tues through Sat
Amaya | Breakfast, Lunch and Dinner Daily, Weekend Brunch
Happy Hour 4pm-6pm, Mon through Fri
Grand Social | Live Concert
Fri - Sat, 5pm - 10pm
Lobby Lounge | Bar Service | Daily starting at 4pm
Afternoon Tea | Every Sat and Sun 12pm - 3:30pm
Live Entertainment | Every Fri and Sat at 8pm
Cent' Anni | Breakfast and Lunch, To-Go Items
Opens at 6am Daily
The Clubhouse Grill | Daily 7:30am - 6:30pm
Daily Specials starting at 4pm Mon through Fri
In-Room Dining | All Day Daily

LABOR DAY WEEKEND POOLSIDE ACTIVITIES

Sun, Sept 1 | 1pm - Fun! Camp | 4pm - Teen Virtual Reality Adventures
Mon, Sept 2 | 1pm - Bubble Art Show

ARCHERY | THURS THROUGH SUN 2PM AND 3PM | COMPLIMENTARY

Please kindly reserve with our Concierge team.

EQUESTRIAN ACTIVITIES

Riding and non-riding activities for 2 and up and all levels of experience.
Horse Feeding | 1pm - 1:30pm, Tues - Sun | Complimentary

PEDAL ON

Take a spin on one of our e-bikes to explore the area.

BOCCE

Courts available for your use at Grand Social.

TAKE TO THE COURTS

Tennis and pickleball racquets available.

SHOPPING AT THE GRAND

From swimwear, leisure wear and stylish designer accessories to souvenirs and skincare you can find what you are looking for at the Spa Boutique, Grand Gifts or The Preserve. Daily | 9am - 5pm

KIDS EXPLORER'S CLUB

Saturday and Sundays - 9am - 5pm | 48-hour notice for Monday through Friday

NEARBY EXCURSIONS

Please visit the concierge to schedule complimentary rides to and from nearby towns and activities.

SEPTEMBER 2024 SIGNATURE EVENTS

Reservations recommended with the concierge.

LIVE CONCERT | GRAND SOCIAL

Fri, Sept 6, Sat, Sept 14, Sat, Sept 21 | Havana Night | 6:30pm - 9:30pm | \$20 General Admission
Sat, Sept 7 - Gilbert Castellanos and the New Latin Sextet | 6pm - 9pm
Fri, Sept 13 - Croome Brothers Trio (Americana) | 6:30pm - 9:30pm
Fri, Sept 27 - Jesse Ray Smith (Americana) | 6:30pm - 9:30pm
Grand Social is Closed Fri, Sept 20 and Sat, Sept 28 for Private Events

LIVE ENTERTAINMENT | LOBBY LOUNGE

Fri and Sat 8pm to 11pm | During Afternoon Tea Sat and Sun 12pm to 3:30pm

JUSTIN WINE DINNER WITH JUSTIN BALDWIN | THURS, SEPT 26 | 6PM

Five-Courses | \$250 per person including gratuity, plus tax

DAILY SPECIALS AT CLUBHOUSE GRILL

4:00pm to 6:30pm

Mini Burger Monday: Three Sliders and One Select Beer for \$20

Taco Tuesday: Three Shrimp Tacos for \$20 | \$10 Margaritas

Wing Wednesday: Five Wings for \$10 | \$10 Glasses of Sparkling and Rosé

Nacho Thursday: Nacho Plate for \$10 | \$10 Sips of Tequila

Friday Fish Fry: Fish & Chips for \$20 | \$5 Select Beer