

DECEMBER ACTIVITY GUIDE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 11am calming meditation 12-3:30pm holiday tea 1pm feed the horses 2pm archery 3pm archery 5pm amaya happy hour	2 9am gentle yoga 10am yoga sculpt 2pm pilates body sculpt 5pm amaya happy hour clubhouse grill mini burger monday	3 8am loving kindness meditation 10am yoga sculpt 11am yoga 1pm feed the horses 5pm amaya happy hour clubhouse grill taco tuesday	4 8am full body fit 9:30am soulful meditation 1pm feed the horses 5pm amaya happy hour clubhouse grill wing wednesday	5 7am circuit training 8am yoga flow 1pm feed the horses 5pm yoga flow 5pm amaya happy hour clubhouse grill nacho thursday	6 9:30am full body fit 10-12pm golf driver fitting* 10:30am core & more 1-2pm golf full swing clinic* 4-5:15pm junior golf clinic* clubhouse grill fish fry	7 10am cardio tennis clinic* 11am gratitude meditation 12pm pickleball clinic* 12-3:30pm holiday tea 12:30pm yoga flow 1pm golf putting clinic* 2pm & 3pm archery 8pm live entertainment in lobby
8 11am calming meditation 12-3:30pm holiday tea 12:30pm restorative flow 1pm feed the horses 2pm archery 3pm archery 5pm amaya happy hour	9 9am gentle yoga 10am yoga sculpt 2pm pilates body sculpt 5pm amaya happy hour clubhouse grill mini burger monday	10 8am loving kindness meditation 10am yoga sculpt 11am yoga 12:30pm golf stretch 1pm canyon hike 1pm feed the horses 5pm amaya happy hour clubhouse grill taco tuesday	11 8am full body fit 9:30am soulful meditation 1pm feed the horses 5pm amaya happy hour clubhouse grill wing wednesday	12 7am circuit training 8am yoga flow 1pm feed the horses 5pm yoga flow 5pm amaya happy hour clubhouse grill nacho thursday	13 8am vinyasa yoga flow 9:30am full body fit 10-12pm golf driver fitting* 10:30 core & more 1-2pm golf full swing clinic* 4-5:15pm junior golf clinic* clubhouse grill fish fry	14 10am cardio tennis clinic* 11am gratitude meditation 12pm pickleball clinic* 12-3:30pm holiday tea 1pm golf putting clinic* 2pm & 3pm archery 8pm live entertainment in lobby
15 11am calming meditation 12-3:30pm holiday tea 12:30pm restorative flow 1pm feed the horses 2pm archery 3pm archery 5pm amaya happy hour	16 9am gentle yoga 10am yoga sculpt 2pm pilates body sculpt 5pm amaya happy hour clubhouse grill mini burger monday	17 9am yoga flow 10am yoga sculpt 11am yoga 12:30pm golf stretch 1pm canyon hike 1pm feed the horses 5pm amaya happy hour clubhouse grill taco tuesday	18 8am full body fit 9:30am soulful meditation 1pm feed the horses 5pm amaya happy hour clubhouse grill wing wednesday	19 7am circuit training 8am yoga flow 1pm feed the horses 2pm archery 3pm archery 5pm yoga flow 5pm amaya happy hour clubhouse grill nacho thursday	20 8am vinyasa yoga flow 9:30am full body fit 10-12pm golf driver fitting* 10:30 core & more 1-2pm golf full swing clinic* 2pm & 3pm archery 4-5:15pm junior golf clinic* clubhouse grill fish fry	21 10am cardio tennis clinic* 11am gratitude meditation 12pm pickleball clinic* 12-3:30pm holiday tea 12:30pm yoga flow 1pm golf putting clinic* 2pm & 3pm archery 8pm live entertainment in lobby
22 11am calming meditation 12-3:30pm holiday tea 12:30pm restorative flow 1pm feed the horses 2pm archery 3pm archery 5pm amaya happy hour	23 9am gentle yoga 10am yoga sculpt 2pm pilates body sculpt 5pm amaya happy hour clubhouse grill mini burger monday	24 8am loving kindness meditation 10am yoga sculpt 11am yoga 12:30pm golf stretch 1pm feed the horses 5pm amaya happy hour clubhouse grill taco tuesday	25 8am full body fit 9:30am soulful meditation 1pm feed the horses clubhouse grill wing wednesday christmas at amaya and grand ballroom	26 8am yoga flow 1pm feed the horses 2pm archery 3pm archery 5pm yoga flow 5pm amaya happy hour clubhouse grill nacho thursday	27 8am vinyasa yoga flow 9:30am full body fit 10-12pm golf driver fitting* 10:30am core & more 1-2pm golf full swing clinic* 2pm & 3pm archery 4-5:15pm junior golf clinic* clubhouse grill fish fry	28 10am cardio tennis clinic* 11am gratitude meditation 12pm pickleball clinic* 12-3:30pm holiday tea 12:30pm yoga flow 1pm golf putting clinic* 2pm & 3pm archery 8pm live entertainment in lobby
29 11am calming meditation 12-3:30pm afternoon tea 12:30pm restorative flow 1pm feed the horses 2pm archery 3pm archery 5pm amaya happy hour	30 9am gentle yoga 10am yoga sculpt 2pm pilates body sculpt 5pm amaya happy hour clubhouse grill mini burger monday	31 8am loving kindness meditation 10am yoga sculpt 11am yoga 12:30pm golf stretch 1pm feed the horses 5pm amaya happy hour clubhouse grill taco tuesday				

This week at The Grand



More about the Holidays at The Grand



SPA TREATMENT SPOTLIGHT

Receive 20% off the **PEPPERMINT AND CACAO MASSAGE** Monday through Thursday in December. Please call 858-314-2020 to reserve.

GOLF

Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

EQUESTRIAN ACTIVITIES

Riding and non-riding activities for 2 and up and all levels of experience.
Feed the Horses | 1-1:30pm | Tues through Sun

PEDAL ON

Take a spin on one of our e-bikes to explore the area.

BOCCE

Courts available for your use at Grand Social.

TAKE TO THE COURTS

Tennis, pickleball and padel available.

SHOPPING AT THE GRAND

From swimwear, leisure wear and stylish designer accessories to souvenirs and skincare you can find what you are looking for at the Spa Boutique, Grand Gifts or The Preserve. Daily | 9am – 5pm

KIDS EXPLORER'S CLUB

Sat and Sun - 9am – 5pm
48-hour notice for Mon through Fri

NEARBY EXCURSIONS

Please visit the concierge to schedule complimentary rides to and from nearby towns and activities.

DINING OPTIONS

Addison | Dinner Tues through Sat
Amaya | Breakfast, Lunch and Dinner Daily, Weekend Brunch and **Happy Hour | Daily 5pm-6pm**
Grand Social | Reopens on Nov 28 with Glice Skating Fri – Sat, 5pm – 10pm | Sun, 3pm – 8 pm
Lobby Lounge | Bar Service | Daily starting at 4pm
Holiday Tea | Every Sat and Sun 12-3:30pm
Live Entertainment | Every Fri and Sat at 8pm
Cent' Anni | Breakfast and Lunch, To-Go Items Opens at 6am Daily
The Clubhouse Grill | Daily 7:30am – 5pm
Daily Specials Mon through Fri
In-Room Dining | All Day Daily