

# JANUARY ACTIVITY GUIDE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

This week  
at The Grand



1	2	3	4	5	6	7	8	9	10	11
9:30am   soulful meditation 11am - 2pm   new year's brunch 1pm   feed the horses 5pm   amaya happy hour clubhouse grill wing wednesday	8am   yoga flow 1pm   feed the horses 2pm   archery 3pm   archery 5pm   amaya happy hour clubhouse grill nacho thursday	8am   vinyasa yoga flow 10-12pm   golf driver fitting* 1-2pm   golf full swing clinic* 2pm & 3pm   archery 4-5:15pm   junior golf clinic* 8pm   live entertainment in lobby clubhouse grill fish fry	10am   cardio tennis clinic* 11am   gratitude meditation 12pm   pickleball clinic* 12-3:30pm   afternoon tea 12:30pm   yoga flow 1pm   golf putting clinic* 2pm & 3pm   archery 8pm   live entertainment in lobby	11am   calming meditation 12-3:30pm   afternoon tea 12:30pm   restorative flow 2pm   archery 3pm   archery 5pm   amaya happy hour	9am   gentle yoga 10am   yoga sculpt 2pm   pilates body sculpt 5pm   amaya happy hour clubhouse grill mini burger monday	8am   loving kindness meditation 10am   yoga sculpt 11am   yoga 12:30pm   golf stretch 1pm   feed the horses 5pm   amaya happy hour clubhouse grill taco tuesday	8am   full body fit 9:30am   soulful meditation 1pm   feed the horses 5pm   amaya happy hour clubhouse grill wing wednesday	8am   yoga flow 1pm   feed the horses 2pm   archery 3pm   archery 5pm   yoga flow 5pm   amaya happy hour clubhouse grill nacho thursday	8am   vinyasa yoga flow 9:30am   full body fit 10-12pm   golf driver fitting* 10:30   core & more 1-2pm   golf full swing clinic* 2pm & 3pm   archery 4-5:15pm   junior golf clinic* 8pm   live entertainment in lobby clubhouse grill fish fry	10am   cardio tennis clinic* 11am   gratitude meditation 12pm   pickleball clinic* 12:20   yoga flow 12-3:30pm   afternoon tea 1pm   golf putting clinic* 2pm & 3pm   archery 8pm   live entertainment in lobby
				12	13	14	15	16	17	18
				11am   calming meditation 12-3:30pm   afternoon tea 12:30pm   restorative flow 1pm   feed the horses 2pm   archery 3pm   archery 5pm   amaya happy hour	9am   gentle yoga 10am   yoga sculpt 2pm   pilates body sculpt 5pm   amaya happy hour clubhouse grill mini burger monday	8am   loving kindness meditation 10am   yoga sculpt 11am   yoga 12:30pm   golf stretch 1pm   canyon hike 1pm   feed the horses 5pm   amaya happy hour clubhouse grill taco tuesday	8am   full body fit 9:30am   soulful meditation 1pm   feed the horses 5pm   amaya happy hour clubhouse grill wing wednesday	8am   yoga flow 1pm   feed the horses 2pm   archery 3pm   archery 5pm   yoga flow 5pm   amaya happy hour clubhouse grill nacho thursday	8am   vinyasa yoga flow 9:30am   full body fit 10-12pm   golf driver fitting* 10:30   core & more 1-2pm   golf full swing clinic* 2pm & 3pm   archery 4-5:15pm   junior golf clinic* 8pm   live entertainment in lobby clubhouse grill fish fry	10am   cardio tennis clinic* 11am   gratitude meditation 12pm   pickleball clinic* 12:30pm   yoga flow 12-3:30pm   afternoon tea 1pm   golf putting clinic* 2pm & 3pm   archery 8pm   live entertainment in lobby
				19	20	21	22	23	24	25
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				26	27	28	29	30	31	
				11am   calming meditation 12-3:30pm   afternoon tea 12:30pm   restorative flow 1pm   feed the horses 2pm   archery 3pm   archery 5pm   amaya happy hour restaurant week at amaya	9am   gentle yoga 10am   yoga sculpt 2pm   pilates body sculpt 5pm   amaya happy hour clubhouse grill mini burger monday restaurant week at amaya	8am   loving kindness meditation 10am   yoga sculpt 11am   yoga 12:30pm   golf stretch 1pm   feed the horses 1pm   canyon hike 5pm   amaya happy hour clubhouse grill taco tuesday restaurant week at amaya	8am   full body fit 9:30am   soulful meditation 1pm   feed the horses 5pm   amaya happy hour clubhouse grill wing wednesday restaurant week at amaya	8am   yoga flow 1pm   feed the horses 2pm   archery 3pm   archery 5pm   yoga flow 5pm   amaya happy hour clubhouse grill nacho thursday restaurant week at amaya	8am   vinyasa yoga flow 9:30am   full body fit 10-12pm   golf driver fitting* 10:30am   core & more 1-2pm   golf full swing clinic* 2pm & 3pm   archery 4-5:15pm   junior golf clinic* 8pm   live entertainment in lobby clubhouse grill fish fry restaurant week at amaya	

Equestrian Center closed

## SPA TREATMENT SPOTLIGHT

Receive 20% off the  
**ATHLETIC ENCOUNTER**  
Monday through Thursday in January.  
Please call 858-314-2020 to reserve.

## GOLF

Golf is subject to availability. Practice facility, twilight and junior rates are available. Under 12 is complimentary when accompanied by an adult.

## EQUESTRIAN ACTIVITIES

Riding and non-riding activities for 2 and up and all levels of experience.  
**Feed the Horses | 1-1:30pm | Tues through Sun**

## PEDAL ON

Take a spin on one of our e-bikes to explore the area.

## BOCCE

Courts available for your use at Grand Social.

## TAKE TO THE COURTS

Tennis, pickleball and padel available.

## SHOPPING AT THE GRAND

From swimwear, leisure wear and stylish designer accessories to souvenirs and skincare you can find what you are looking for at the Spa Boutique, Grand Gifts or The Preserve. Daily | 9am – 5pm

## KIDS EXPLORER'S CLUB

Sat and Sun - 9am – 5pm  
48-hour notice for Mon through Fri

## NEARBY EXCURSIONS

Please visit the concierge to schedule complimentary rides to and from nearby towns and activities.

## DINING OPTIONS

**Addison** | Dinner Tues through Sat  
**Amaya** | Breakfast, Lunch and Dinner Daily, Weekend Brunch and **Happy Hour** | Daily 5pm-6pm  
**Grand Social** | Closed for the season  
**Lobby Lounge** | Bar Service | Daily starting at 4pm  
Afternoon Tea | Every Sat and Sun 12-3:30pm  
Live Entertainment | Every Fri and Sat at 8pm  
**Cent' Anni** | Breakfast and Lunch, To-Go Items  
Opens at 6am Daily  
**The Clubhouse Grill** | Daily 7:30am – 5pm  
Daily Specials Mon through Fri  
**In-Room Dining** | All Day Daily



[granddelmar.com](http://granddelmar.com)  
#fairmontgranddelmar

Wellness classes are held in the movement studio.  
For hikes, please meet at the movement studio.

\*racquet clinics (\$40 per person) reservations are required with the concierge  
\*schedule your golf clinic (\$50 per person) or tee times at 858-314-1930